

## **List of Aspirin or Aspirin Related Drugs**

In preparation for your surgery it is important to stop the use of aspirin or any aspirin related products as these medications/supplements have properties that will increase bleeding and bruising and may negatively impact your surgery and recovery. It is important you disclose EVERY medication, oil, supplement, herb, suspension, etc.

We ask that you review the list of common prescription and over-the-counter products, including herbals and supplements, below and discontinue these products starting 14 days prior to and 2 days after your surgery. NSAIDs, such as Advil or other Ibuprofen products may be used 48 hours after surgery for pain control.

If you are taking Coumadin/Heparin you should contact your prescribing physician prior to discontinuing these medications.

### **Antiplatelet/Anticoagulant Medications**

Anagrelide (grylin)	Dipyridamole/ASA (Aggrenox)	Ticlopidine (Ticlid)
Anisindione (Miradon)	Eliquis (apixaban)	Valdecoxib (Bextra)
Arixtra	Enoxaparin (Lovenox)	Warfarin (Coumadin)
Celecoxib (Celebrex)	Fragmin	Xarelto
Cilostazol (Pletal)	Heparin Injection	
Clopidogral (Plavix)	Pradaxa	
Dipyridamole (Persantine)	Pentosan polysulfate (Elmiron)	

### **Aspirin Containing Medications**

Alka-Seltzer	Bayer	Excedrin	Pepto-Bismol
Anacin	Bufferin	Fiorinal	Percodan
Aspirin	Darvon	Lortab ASA	Talwin
Ascriptin	Ecotrin	Midol	

### **NSAIDs (Non-steroidal Anti-Inflammatory Drugs)**

Advil (ibuprofen)	Daypro (oxaprozin)	Midol (ibuprofen)	Orudis (ketoprofen)
Aleve (naproxen)	Disalcidv (salsalate)	Motrin (ibuprofen)	Relefen (nabumetone)
Anaprox (naproxen)	Feldene (piroxicam)	Nalfon (fenoprofen)	Tolectin (tolmetin)
Arthrotec (diclofenac)	Haltran (ibuprofen)	Naprelan (naproxen)	Trilisate (salicylate)
Cataflam (diclofenac)	Lodine (etodolac)	Naprosyn (naproxen)	Voltaren (diclofenac)
Clinoril (sulindac)	Medipren (ibuprofen)	Nuprin (ibuprofen)	

### **Weight loss, Nutritional and Herbal Supplements**

Alpha-Lipoic Acid	Ephedra	Glutamine	Omega-3
Acetyl-L-carnitine	Fish oil	Goldenseal	Resveratol
Cinnamon	Garlic	L-carnosine	Skullcap
Chamomile	Ginger	Licorice	St. John's Wort
Creatine	Ginko Biloba	Kava kava	Vitamin E
CoQ-10	Ginseng	Milk thistle	
Echinacea	Glucosamin-Chondroitin	Multivitamin	