

# *Local Pre-Operative Patient Instructions*

Confirmation of surgical arrangements for \_\_\_\_\_

Proposed surgical Procedure(s) \_\_\_\_\_

You are to have surgery in our surgery center on \_\_\_\_\_ at \_\_\_\_\_

If you plan to take Valium, you need to have a driver and arrive at \_\_\_\_\_.

The following pre-operative instructions have been developed in order to help you attain the best possible results from your surgery. It is necessary that you follow these instructions closely. If for some reason you are unable to follow the instructions, or have questions regarding these instructions, or upcoming surgery please call our office as soon as possible.

Along with your pre-operative instructions you may or may not receive a number of prescriptions, depending on your procedure. Please follow the instructions on your medications.

Do not take aspirin (acetylsalicylic acid) or products that contain aspirin (Bufferin, Anacin, Empirin, Stanback, Excedrin, Fiorinal, Darvon Compounder, etc.) for two weeks before and two days after your operation. You have been provided a list of Aspirin and Aspirin related products. Tylenol may be used instead of aspirin. You may take Advil up to 48 hours prior to surgery and resume 48 hours after. Before taking any other over the counter medication, please check with our office. Do not take the Norco and Tylenol together they are both Tylenol based. Do not drink any Alcohol 48 hours prior to surgery and 48 hours after surgery.

On the day of your surgery do not wear any make-up, perfume, false eyelashes, contact lenses, wigs, hairpieces or jewelry. **Please wear comfortable clothing, including a button or zip up shirt.** Please wear a bra with a clasp. No sports bras. Do not wear clothing that has importance to you as it may become soiled.

If you are having a procedure done that involves your hair line, you should not color your hair for 7 days prior and 14 days following surgery.

Wash the area thoroughly with mild soap (nothing containing alcohol), just prior to surgery. Do not use any products once clean.

Avoid overexposure to the sun one week prior to surgery. And as always sunscreen should be worn after surgery.

You may want to bring a scarf, sunglasses, or other articles to cover your surgical site for your ride home.

We want you to heal quickly after surgery. All patients should know that continued smoking in the pre and post-operative period is strongly discouraged. Wound healing is delayed and there is increased risk of infection and/or scarring as well as complications.

## Page 2

### Local Pre-operative instructions

Please follow all post-operative instructions given to you. These were designed for your particular surgical procedure to help you obtain the best aesthetic results.

Please notify us immediately if you should need to postpone your surgery so that we may fill the vacancy in our schedule and reschedule your surgery.

With your permission, one family member or friend may wait with you in the pre-op area prior to surgery.

It is our policy not to accept advance directives.

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### *Contacting The Center for Facial Plastic Surgery:*

**Dr. Churchill**, and our entire staff would like you to know that we are available to you pre and post operatively with any questions and concerns you may have. You may call our office at 847-304-1000, if it is after hours please leave a message with the service and the Nurse will call you back.

You may email our Surgical Tech Kelley at [kelley@drchurchill.com](mailto:kelley@drchurchill.com) with any medical questions, pictures or concerns you may have. If you have a scheduling question or problem with an appointment you may email our office manager at [Daisy@drchurchill.com](mailto:Daisy@drchurchill.com) for Dr. Churchill

Please feel free to contact us with any questions you may have before or after surgery.  
Thank you for your confidence in our practice.